

## Healthy Meals

### 541

ITEM NAME	SIZE	QTY
Healthy Choice Chicken Teriyaki	262g	4
Healthy Choice Grilled Chicken and Broccoli Alfredo	259g	4
Healthy Choice Pineapple Chicken	283g	4
Healthy Choice Chicken and Veg Stir Fry	282g	4
Healthy Choice Grilled Chicken and Veg Pesto	244g	4
Healthy Choice Meatball Marinara	283g	4

**About 'Best Before' dates:** Chrisco Hampers works very closely with our suppliers to ensure quality control and product freshness. Our food products are received directly from the manufacturers, just in time for our packing season. As our meat and freezer hampers are shipped to our customers frozen, our manufacturer partners flash freeze products that are normally sold fresh at their freshest and ship them directly to our Frozen Packing facility. As these items are normally sold fresh, they contain a manufacturer's stamped Best Before Date relating to the product as if it had been sold fresh in a grocery store, when the product is not frozen. The process of flash freezing and keeping the product frozen allows our customers to keep these products in their freezers for up to 6 months. Once the products have been thawed they should be cooked according to the package instructions and consumed immediately.